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The Power of Non-Profits Spotlight:

Trellis for Tomorrow

Nonprofits play a vital role in strengthening communities by addressing critical local needs and creating opportunities for growth that public services often cannot meet. This article is part of a series highlighting local organizations making a lasting impact.



Trellis for Tomorrow is a nonprofit organization focused on empowering youth, improving food access, and fostering sustainable community development through garden-based programming and hands-on education. With a mission to build compassion, resilience, and leadership in young people, Trellis equips participants with the skills and support to make meaningful changes in their lives and across their neighborhoods.

In 2024, Trellis engaged 70 youth through its SEED Skills program, including 35 from Montgomery County. Youth participated in 450 hours of life skills training and leadership development while working in community-based gardens, growing and harvesting over 4,200 pounds of fresh, nutrient-dense produce. Not only did 74% of youth take produce home to their families, but thousands of servings were donated to neighbors in need, advancing food security and health equity.

Trellis for Tomorrow offers two dynamic youth programs that equip young people



with skills to grow as leaders while making a lasting impact in their communities. **SEED Skills Crew** offers youth ages 12 to 18 an "earn while you learn" summer experience where they manage organic gardens, develop life and workplace skills, and distribute fresh produce to neighbors. For young adults 18 to 26, **GROW Careers** provides paid internships with local nonprofits and businesses, along with mentoring and professional development. Both programs help youth grow personally while making a difference in their communities.

"I appreciated having a resource that helped me better myself in the professional sense, with advice and Sebastian, a placed intern said, "It made

mentors I can turn to with questions." me feel less anxious about my future."

To apply or learn more visit:

https://trellis4tomorrow.org/

The Pottstown Area Health & Wellness Foundation is proud to support Trellis for Tomorrow as a driving force behind innovative programs that strengthen youth, families, and the region as a whole.





152 E High St # 500, Pottstown, PA 19464 www.pottstownfoundation.org

(610) 323-2006