

**LAURIE M. BETTS, M.D. JOINS STAFF OF  
POTTSTOWN AREA HEALTH & WELLNESS FOUNDATION**

September 18, 2008, Pottstown, PA – The Pottstown Area Health & Wellness Foundation is pleased to announce the addition of Laurie Betts, M.D. to its professional staff. Betts joins the Foundation in the capacity of Program Officer for Access to Health Care.

“Bringing Laurie on board demonstrates the Foundation’s commitment to improving access to medical services, which is one of our long-range grant giving goals. Her leadership, and advanced medical knowledge will assist the Foundation in broadening our reach with this grant goal,” comments David Kraybill, Executive Director of the Foundation. “We are thrilled to have her as part of our team.”

In addition to advising on and recommending grants for improving access to medical services, Betts will be instrumental in reviewing and evaluating the results of the 2008 needs assessment survey to determine the long-range focus for the Foundation. She will also begin to research and evaluate the mental and emotional health issues that may impact the community and an individual’s quality of life such as stress and other issues that affect a person’s general sense of well-being. She will also work in an advisory capacity with the Community Health & Dental Care center.

“As a physician, it has always been important to me to make an impact and try and make a difference through positive change,” states Betts. “I am passionate about doing something useful, and being part of the Foundation’s team will allow me to explore community health and discover ways to really create change. The Foundation continues to strive to be a non-profit model for community health organizations and I am pleased to be able to contribute to its efforts.”

The Pottstown Area Health & Wellness Foundation’s mission is to enhance the health and wellness of area residents by providing education, funding and programs that motivate people to adopt healthy lifestyles. For more information on the Foundation as well as grant information, visit [www.pottstownfoundation.org](http://www.pottstownfoundation.org). For motivating information and delicious healthy recipes, click on *Mission Good Nutrition*, the Foundation’s 30-minute television program promoting healthy living and lifestyles that airs on Channel 28 PCTV every Thursday at 7:00 p.m.

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